

# SOW SOME SEEDS

A general guide to get you growing

Glue

YOUTUBE • ARTY GARDENER

③ Fill a pot with compost right to the top.

Firm down compost using another pot. Then top up compost to here. 10-15cm pots are good so you don't sow too many seeds! Also they don't dry out like trays.



① most seeds can be started off in pots in March/April inside on a windowsill. As the weather warms up seeds can be sown outside in pots or directly in to prepared ground.

④ Stand the pot on a tray or a lid or an old plate, this will catch the water.

Water the pot now.



② As the seedlings get bigger they can be moved outside into bigger pots of their own so they will have more room to grow. Or plant them into the ground if you can.



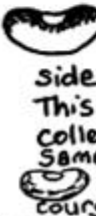
⑥ Sow a few seeds on the surface of the wet compost.



Big seeds need more room than small seeds. e.g. beans or peas e.g. lettuce, Spring onion



⑦ If you want to sow beans of any kind press them into the compost on their sides and not lying flat. This is so that they won't collect water and rot. Same with pumpkin seeds, courgettes, cucumber, squash.



⑧ Sprinkle some more compost over the seeds to just cover them. And as before firm down the compost with another pot.



⑨ Create some recycled labels by cutting up some milk cartons or juice cartons and a marker pen.



or old lollipop sticks

⑩ Nature will now do her work, with... water - not too wet. warmth - not too warm. light



check your seeds daily

⑪ some seeds will take just a few days to pop up. Some seeds will take over a week.

TRY to never let the surface of the compost dry out, or let the pot stand in water.

⑫ When the seedlings pop up, how exciting! As they grow a second set of leaves they can be carefully planted outside in the ground, if it's warm enough. If not plant into bigger pots or containers.

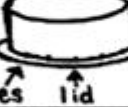


**IDEAS** - if you haven't got a garden or pots or seeds you can still grow veggies. Try making recycled pots.

MILK CARTON



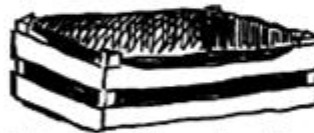
CHOC BOX



JUICE BOX cut off side



WOOD CRATE



Line it with a plastic bag

BIGGER PLANTERS TO TRY - OLD DOG BASKETS, BABY BATHS, MOSES BASKETS, RECYCLING BOXES OR OTHER PLASTIC CONTAINERS - USE A DRILL TO MAKE HOLES IN THE BOTTOM.

**BREAD CRATE GARDEN** - lay an unopened bag of compost into the crate. Cut open the side of the bag and poke holes in the bottom. Have a look in the fridge and kitchen cupboards. Experiment with seeds from tomatoes, peppers, chillies. Try garlic cloves, lettuce stumps and onion stumps. Dried peas and beans, coriander and fenugreek seeds. Even old potatoes!



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